

COMMUNITY NEWS

RenfrewCollingwoodCommunityNews.com



Beaver and Dodge Lodge The Story of Beaver Pondering Lodging



Many people live in tents, RVs, and in parking lots on the banks of Still Creek, unable to afford anything else in our city. *Beaver Pondering Lodging* invites us to ponder the combined crisis of habitat loss for wildlife and humans in our city.

Photo Credit: Carmen Rosen

by Ada Dragomir with Carmen Rosen

If you walk past the corner of Rupert and Grandview Highway, you'll encounter an unexpected sight under the trees where Still Creek flows next to the Superstore parking lot. Over the past 3 years, an 8-ft tall beaver and giant RV caravan of living willow have slowly taken form on the grassy bank of the creek. Passing by on a Thursday or Friday morning, you might have seen local artists Carmen Rosen and Willoughby Arevalo and lead volunteer Joe Boyd of Still Moon Arts Society planting, weaving, and conjuring the living boughs into their final form.

Beaver Pondering Lodging emerged from Rosen and Arevalo's desire to create a site-specific sculpture that addressed the environmental and social issues they saw in the community: homelessness and habitat loss. Inspired by the beaver's role as habitat builder, they understood the beaver as an emblem of the rich habitat we have lost in our neighbourhood. The location they chose in an industrial no-man's-land next to the Superstore, is a tiny triangle

Continued on page 2

Dr. Angie Choi TCM, R.Ac.

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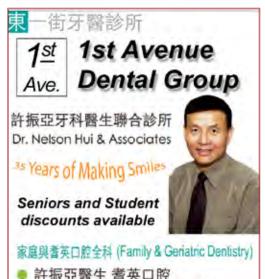


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Sunday-Thursday: 11AM-10:45PM

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Beaver and Dodge Lodge - Continued from page 1

of green space caught between train tracks, a skytrain line, and a large parking lot which was once a wetland full of beavermade ponds.

Rosen and Arevalo witnessed the effects of the housing affordability crisis daily as they worked on the sculpture. Many people live in tents, RVs, and in parking lots on the banks of Still Creek, unable to afford anything else in our city. Beaver Pondering Lodging invites us to ponder the combined crisis of habitat loss for wildlife and humans in our city.

While the artists worked on the first phase – creating the beaver passers-by would stop to chat about the creek, the wildlife, and their fondness for nature. As a full-size recreational vehicle made of willow came into existence the following year, the stories changed. Tales of incessant renovictions and life on the street started to emerge from the community walking by the site.

Men who'd worked in trades their whole lives, been injured, prescribed narcotics, and lost their already-precarious housing then found themselves living in campers. People described feeling edged-out, with no place left to go, and working people feeling disrespected and discarded.

Many people also shared stories of transformation, immigration, positive points of connection and heart-warming interactions. One passerby said that Beaver Pondering Lodging makes her boring commute beautiful. A retired Fijian entomologist dropped by weekly to remind the artists of the blessings of the earth. Beaver Pondering Lodging—as many creative, weird, and unusual public artworks have capacity to do-made people feel safe enough to express both their joys and their sorrows. Joys around surviving, living, and going about the simple human business of commuting or shopping, and sorrows around the forces that bear down on us all: poverty, addiction, isolation, despair.

Carmen Rosen says that she feels like she's been blessed by the community through this project, and feels honoured to be there in public, receiving peoples' stories.

Learn more about Carmen Rosen and Still Moon Arts' activities at StillMoonArts.ca





They, they &, It Reflections on Trans Identity

by Il Museo Gallery Director, Dr. Angela Clarke

In honour of Italian Heritage Month, the Il Museo Gallery felt it was timely to feature the work of two Italian-Canadian trans and nonbinary artists: Shel Stefan and Mickey Vescera. In the last few years, gender identity has come to the forefront in the mainstream media. Debates frequently centre around the words we use to articulate queer identity, and how the individuals who identify as such should be addressed with respect. The adoption of new pronouns is emblematic of a dramatic societal shift. It is especially marked within Italian culture where language is innately gender based and gender biased. However, the utilization of neutral pronouns, while new in our popular culture have been widely used in the trans community. What mainstream society considers a new development is in effect the outcome of decades of activism within the trans community.

This exhibition seeks to explore these social changes through the work of Shel Stefan and Mickey Vescera. Both artists are of Italian heritage whose artistic practice is tied to the exploration of their identity. They are trans and nonbinary artists. Their work focuses on concerns greater than just the adoption of gender pronouns, but rather the fundamental need to ensure that trans people can live in safety. It is for this reason that figures like the Jenny Haniver and the Gorgolla predominate in this exhibition. These are demonic creatures whose



cut razza, 2024 by Mickey Vesceera Ceramic, silicone sealant, spackling, oil pain stick, pastel. 56 x 26 x 30 cm

presence erects a protective barrier against those who would mean bodily and psychological harm against members of the trans community.

For Mickey, the plasticity and malleability of the ceramic form, enables them to create hybrid creatures that are simultaneously organic and inorganic. They freely use the ceramic medium to make historical references to ancient phenomenon such as the Jenny Hanivers; skeletal and dissembled skate fish whose bones were essentially mummified to appeal to the popular appetite for the bizarre and exotic. Most often found in aristocratic cabinets of curiosities, these fictive sea creatures of spurious origin were sold to status loving patricians by underhanded sailors.

For Shel Stefan, their self portraits utilize the Italian artistic style of chiaroscuro (the dramatic pairing and contrast of extreme light with extreme dark) revealing their desire to emerge from the shadows into the light of day. However, outstanding factors obstruct such movement, specifically the absence of cultural safety. Shel's gargolla (It. "gargoyle") are emblematic of the need for safety in the trans community. Gargollae, devised in the Middle Ages, were formulated to redirect rainwater which settled on roof tops, threatening to cause structural damage to buildings. Present in in large numbers throughout this exhibition, the Gargollae encompass the medieval belief that external threats lurk behind every nook and crevice.

Even in Christian Europe, architects and designers represented these menacing creatures to embody the collective need for protection from external unforeseen force, which had the potential to threaten and do bodily harm. Shel Stefan's gorgolla are a reminder that in society on the precipice of immense social change, what is needed is the protection of the most vulnerable and to stand in solidarity with them.

The exhibition, *They, They, & IT: Reflections on Trans Identity*, will continue at Il Museo until July 5.

Mickey Vescera: Artist Shel Stefan: Artist

Angela Clarke: Museum Director Shanna Cheng: Curator of Design and Acces-

sibility

II Museo at the Italian Cultural Centre 3075 Slocan Street



Artist in Leather 1, 2024 by Shel Stefan Acrylic, Chalk and Latex on Pine Panels. 28 x 60 in.



Connaught School (now Sir Wilfred Grenfell)

The mission of this non-profit publication is to provide the residents, businesses and organizations of Renfrew/Collingwood with a medium for community communication.

Paul Reid: editorial and layout coordinator Lisa Symons: sales and distribution coordinator Julie Cheng: web and social media coordinator

Contributors:

Loretta Houben, Angela Clarke, Kristy Kassie. Ada Dragomir, Carmen Rosen, Dr. Angie

We want to hear from you!

Yes, You! Send comments, community events, press releases by regular post, fax or e-mail. Suggestions for improving the paper are welcome.

We welcome appropriate, unsolicited editorial submissions if accompanied by the author's real name, address and telephone number. The author should retain the original as we cannot return submissions without prior agreement nor does submission quarantee publication. We reserve the right to make editorial changes.

The Renfrew/Collingwood Community News does not necessarily support the views of its contributors.

Next submission deadline: May 10

The Renfrew-Collingwood Community News is an initiative of the Collingwood Neighbourhood House (CNH).

You Can Find the RC Community News @

Libraries, Collingwood Neighbourhood House, Renfrew Park Community Centre, The Italian Cultural Centre, Collingwood Policing Office, other organizations, religious institutions, schools, laundromats, Starbucks, Rona, Superstore, Canadian Tire, Walmart, **London Drugs and Safeway coffee** shops, restaurants, markets, corner stores, other businesses, and coffee tables all over Renfrew-Collingwood.

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Renfrew/Collingwood Community News Collingwood Neighbourhood House 5288 Joyce Street Vancouver, BC V5R 6C9

Collingwood Corner

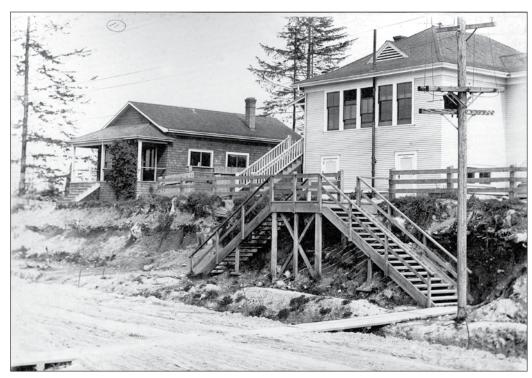
by Loretta Houben

While recently browsing the **Greater Vancouver Chinook** Newspapers online at the UBC library website, I discovered a photo in the 1913 edition showing Connaught School, which confirmed my previous research. The school was renamed John Norquay Annex (1933 - 1955) before changing to Sir Wilfred Grenfell School (opened in 1958). Grenfell school is still in operation as of 2024 at 3323 Wellington Avenue.

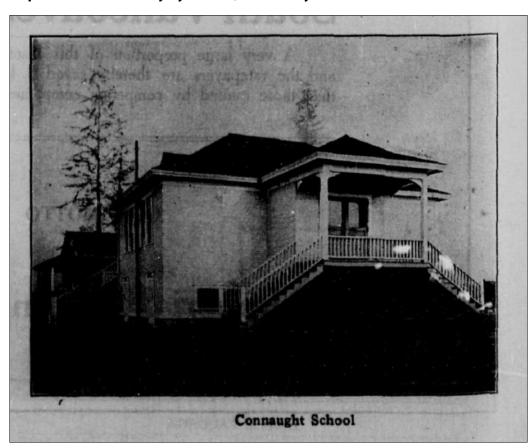
I wrote about this in detail in the November 2019 issue of the Renfrew Collingwood Community newspaper. Please see https://renfrewcollingwoodcommunitynews. com/2019/11/12/collingwoodcorner-a-brief-history-of-connaught-school-1913-1932/

In the Vancouver archive photos, the school is named Rupert School, and is incorrectly named. The description should read Connaught School, as confirmed in the BC Directories and other sources. I had no real proof that these photos were of Connaught School until now! The UBC library website is free to use and has a wealth of information about the past. Please use this free resource to explore Collingwood history for yourself.

Thank You Loretta. And congratulations on being approved for another neighbourhood grant to write Collingwood Chronicles book two!



Rupert St School on Bayley's Claim, incorrectly named. Vancouver Archives 1910s.



Connaught School, Dec 20, 1913. Source: Greater Vancouver Chinook newspaper, UBC Library.



Sir Wilfred Grenfell school is still in operation as of 2024 at 3323 Wellington Avenue. Photo: Google Maps

Why consider acupuncture for seasonal allergies?

by Dr. Angie Choi, TCM, R.Ac.

Unlike traditional medications that treat symptoms, acupuncture aims to restore your body's balance, addressing the root cause of your allergies.

Seasonal allergies, also known as allergic rhinitis or hay fever, affect millions of people worldwide. These allergies are triggered by an immune system response to airborne substances that appear during certain seasons of the year.

Causes

Seasonal allergies are primarily caused by pollen from trees, grasses, and weeds, which release these tiny particles into the air to fertilize other plants. When someone with a sensitive immune system inhales this pollen, their body mistakenly identifies it as a harmful invader and releases chemicals like histamine into the bloodstream, causing allergy symptoms. The timing and severity of these allergies can vary significantly depending on climate, geographic location, and what types of vegetation

are prevalent. For example:

- Spring is typically marked by tree pollen, starting as early as February in certain regions.
- During summer, grass pollen is prevalent, peaking in late spring and early summer.
- In the fall, weed pollen, especially from ragweed, begins around August and continues until the first frost.

Symptoms

Common indicators of seasonal allergies include:

- Nasal congestion and a runny nose
- Sneezing
- Itchy, watery eyes
- Throat discomfort
- Coughing
- Dark circles under the eyes, known as "allergic shiners"
- Fatigue, often caused by disrupted sleep due to other symptoms

These symptoms can vary from mild to severe and can greatly affect everyday life and productivity.

Treatments

Managing seasonal allergies typically involves a mix of preventative measures and medication. This includes staying indoors when pollen counts are high, especially on dry, windy days, using air purifiers, keeping windows shut during peak pollen times, and minimizing exposure to dust and other allergens. Avoidance may extend to certain foods that could exacerbate allergies.

A Holistic Approach

For those looking for more natural ways to manage seasonal allergies, several holistic methods may complement or replace traditional treatments:

- Acupuncture: This can help alleviate allergic rhinitis symptoms and boost your immune system.
- Herbal Remedies: Various herbs and traditional Chinese medicinal practices can provide symptom relief.
- Dietary adjustments: Increasing

water intake and consuming

water intake and consuming more foods high in omega-3 fatty acids, vitamin C, and quercetin can help reduce inflammation and strengthen the immune system.

- Nasal irrigation: Flushing the nasal passages with saline can help clear allergens and irritants.

It's important for individuals to work closely with health-care providers to develop an effective allergy management plan that considers personal health history and the severity of symptoms. The goal is to reduce discomfort and prevent seasonal allergies from detracting from one's quality of life.

Stay healthy and breathe easy!

Dr.Angie Choi, TCM, R.Ac. Registered Doctor of Traditional Chinese Medicine and Acupuncturist dr.angiechoi@gmail.com

You can find the RCC News throughout Renfrew-Collingwood

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- 1. 2400 Motel
- 2. Adrian Dix's MLA Office
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- 9. Evergreen Community Health
- 10. Fresh Slice Pizza
- 11. Italian Cultural Center
- 13. Mosaic
- 14. Old Ramada Inn
- 15. Papa John's Pizza
- 16. Renfrew Library
- 17. Renfrew Park Community Center
- 18. Renfrew-Collingwood Seniors Society
- 19. Save On Foods
- 20. Shoppers Drug Mart
- 21. Starbucks
- 22. Superstore
- 23. Three Links Care Center
- 24. Tipper Restaurant



"Crow's Nest" Free Little Art Gallery

by Carmen Rosen

Jasmine Garcha and collaborator Kyle Wilfert are building a tiny Art Gallery inspired by the "Free Little Art Galleries" made by community members in various cities and shared online, including two within Vancouver.

I personally visited and dropped off some pieces at the two galleries in Vancouver, near the Commercial Dr. area – Palomita Gallery and The Gallery Lizard. It was an exciting and enjoyable adventure for me. I also saw that the kids in the neighbourhood love to keep the galleries stocked with their own artwork. I thought it would be such a great thing to bring my own neighbourhood the same excitement.

How it works

Kyle is a carpenter and he will build a weather resistant box with roofing and a plexiglass door where people can display small artworks. We will start with our own art pieces to avoid an empty gallery. We will invite people to add their own art pieces in the same fashion as a tiny library take a book, leave a book. This will happen naturally as people pass by it, and we will also be documenting the project via Instagram to get the word out about where and what it is.

The Crow's Nest Tiny Gallery will be mounted on a post at the southern tip of the Dye garden park where the pedestrian path begins Jasmine will maintain the gallery and check on it every 1-2 weeks and let Kyle know to repair any damages. We will assess after a couple of months and make changes if necessary









Photos by Carmen Rosen

DonDavies.ca



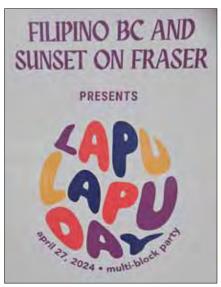
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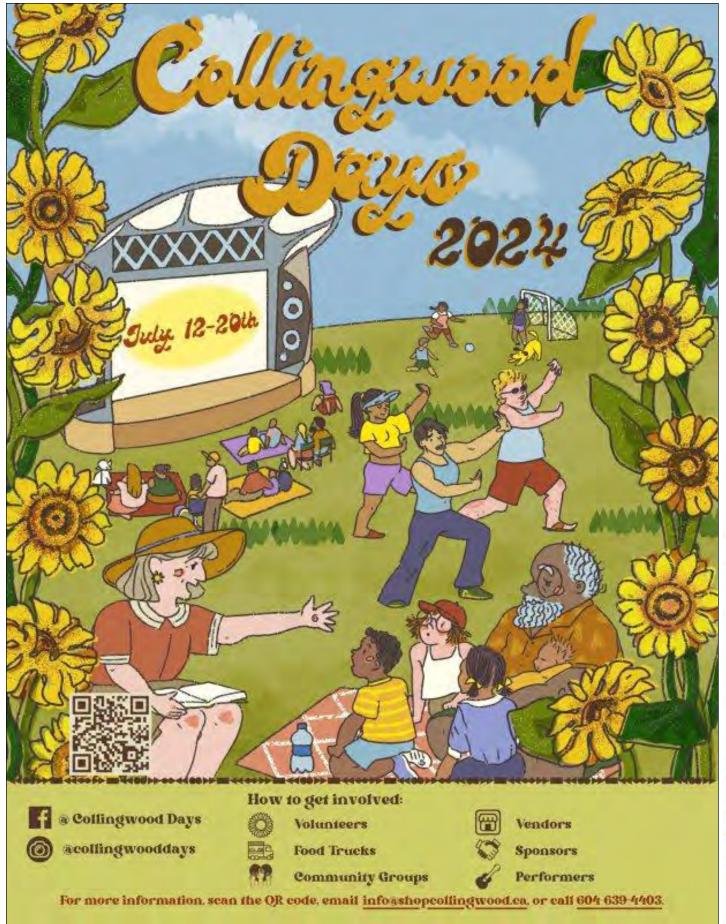
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The rains did not put a damper on Lapu Lapu Day as thousands of people gathered in South Vancouver's Sunset neighbourhood for the first-ever Lapu-Lapu Day block party on Saturday, April 27. Photos: RC (News



B.C. officially declared April 27 as Lapu-Lapu Day in the province last year. Considered the first Filipino hero, Lapulapu is known for the 1521 Battle of Mactan, where he and his men defeated Spanish forces led by Portu-



guese explorer Ferdinand Magellan.

Above: Imaginary posthumous portrait of Lapulapu by Carlo Caacbay for the National Historical Commission of the Philippines, 2019. Source: Wikipedia



The Boteco Brasil mobile was on site.



Read On! A news section for Renfrew-Collingwood learners

Victoria and Victoria Day

by Kristy Kassie

May 24, Queen Victoria's birthday, became a public holiday in 1845. The city of Victoria, which is on Vancouver Island, was named after Queen Victoria. Victoria is the capital of British Columbia. You can visit Victoria for a day and see stone and wax statues of Queen Victoria and Queen Elizabeth. You can sit in a carriage pulled by horses and take a tour of the city streets. You can even explore an old castle with stained glass windows and stone towers.

When you visit Victoria, you will notice the ornate architecture all around you. Roofs are triangular and doors and windows have thick trim around them. The buildings constructed during Queen Victoria's rule had a lot of fancy edges around the roofs and windows, like the thick icing you see on gingerbread houses. The Parliament buildings in Victoria are a beautiful example of Victorian architecture. Victoria is also renowned for exquisite gardens and British traditions like English tea parties.

A visit to Victoria may allow you to escape into a fairytale. However, even as you imagine living like Queen Victoria in a magnificent castle, or being shuttled around by horse-drawn carriage, remember that British royalty invaded Canada. They took lands occupied by Canada's First Nations without permission. They demolished indigenous buildings and replaced them with castles and Victorianstyle homes. Something similar may have happened to some of you who are reading this story. Having your home and culture taken away for no reason is unfair. So, maybe, when you visit Victoria, you should try to discover more about the First Nations who lived there before Queen Victoria and her people decided to take over Canada.

Questions

Level 1

- When did Victoria Day become a holiday?
- What are three things you can do when you visit Victoria?
- Is Vancouver the capital of British Columbia?

Level 2

- What are two things you will notice about Victorian architecture?
- What is a popular British tradition in Victoria?
- Why are the Parliament buildings in Victoria?

Level 3

- What would you do if you were Queen Victoria for one day?
- Why is it important to learn about the indigenous people who lived in Victoria before the British invaded?
- What traditions from your homeland do you practice so you don't forget your culture?



Reading levels on this page

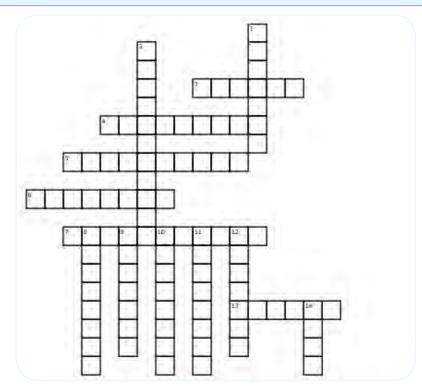
Level 1 ★

Level 2 ★★

Level 3 ★★★







Down:

- 1. took over
- 2. big and beautiful
- 8. lived
- people or animals made of stone or other materials
- 10. famous
- 11. a transport pulled by horses
- 12. look around
- 14. drive

Across:

- 3. get away
- opposite of reality
- 5. cultural customs
- 6. driven
- 7. built
- 13. fancy



What's happening at our libraries in May 2024 VIDE



Renfrew Branch Library 2969 E 22nd Ave. Contact: 604.257.8705

All programs are FREE. For more information, visit www.vpl.ca/ events. *No programs on Monday, May 22 for Victoria Day holiday library closure.

School Aged Children

Art on the iPad

Wednesday, May 1, 3:30pm-4:30pm. Registration required. Register at vpl.ca/ events or contact library 604.257.8705 Calling everyone who loves to draw! We start on paper and switch to drawing with fun art apps on library iPads. For Grades

Make-It: Comics

Wednesday, May 15, 3:30pm-4:30pm. Drop-in

Flex your creative muscle in this pop-up maker space event! Come and join us as we celebrate our favourite comics and create comic strips together. For grades K-7.

Keva Plank Party

Wednesday, May 29, 3:30pm-4:30pm.

Drop in to the library for some Keva® construction fun! Connect with other kids and explore the excitement of engineering. For Grades K-7.

Children & Families

Babytime

Monday, May 6 and 13 11:00am and 1:30pm. Drop-in. Rhymes, songs, bounces, fingerplays and stories for parents and caregivers with their babies. Recommended for newborns to approximately 18 months.

Family Storytime

Monday, May 6 and 13 10:00am. Drop-in.

A program for parents and caregivers with young children. Songs, rhymes and stories are shared. Suitable for children of all ages and abilities to enjoy and learn together.

Lego Block Party

Wednesday, May 8 and 22, 3:30-4:30pm Drop in for some LEGO® building fun at this block party! Connect with other kids and break out the bricks for a building bonanza at the library. Grades K-7. For children and their accompanying caregivers.

Family Movies

Fridays (weekly) 3:30pm. Drop-in.

Visit the library and enjoy free, kid-friendly movies. For children and their accompanying caregivers.

May 3: The Bad Guys May 10: Chicken Little

May 17: Heidi May 24: Hercules

May 31: Luca

Teens

Teen Advisory Group

Thursday, May 9 and 23, 4:00pm - 5:00pm. Visit www.vpl.ca/teens to register. TAG stands for Teen Advisory Group – a place where you can share your ideas about the library's teen programs, services and collec-

Adults

ESL Conversation Club

Thursdays (weekly) 10:00-11:00am. Drop-in. Meet new friends and practice your English conversation skills with other English language learners. This is a supportive and casual meet-up. For intermediate speakers.

Adult Colouring Club

Friday (weekly) 10:00-11:00am. Drop-in.

Relax and enjoy the many benefits of colouring with like-minded creatives. We'll provide the colouring pages and pencil crayons! \

Chinese Book Lovers' Reading Circle

- 溫哥華圖書館書友會 This program will be conducted in Mandarin with Cantonese support. Saturday, May 11 2:00-4:30pm. Registration required. Register at vpl.ca/ events or contact library.

A fun and interactive way to share your favourite Chinese materials, including books, articles, and movies with other enthusiastic readers. Bring a few mustread titles, authors, or themes you'd like

以書會友,讓生活充滿知性的樂 趣。帶上一兩本你所喜悅的書, 或一兩篇佳文美作,或有趣的影 視,與大家一起分享閱讀的快 樂。每一次書友會後,圖書館工

The following is a paid advertisement by Adrian Dix, MLA for Vancouver/Kingsway

Dear Neighbours,

I would like to thank all the volunteers who came out on a lovely Saturday morning to help make our community shine a little bit brighter as part of the Joyce Street Clean



Up Party. It was great seeing new and old faces at such a meaningful Earth Day event. Thank you to St. Mary's School for hosting and to the Collingwood Business Improvement Association, the Collingwood Neighbourhood House, and Collingwood Community Policing Centre for organizing the cleanup and BBQ.

City of Vancouver Draft Seniors Housing **Strategy Survey**

The City of Vancouver is looking for feedback on the newly released draft Seniors Housing Strategy. The document outlines policies, partnerships, and advocacy to work towards the overarching goal of ensuring elders and older adults have the housing and supports needed to allow for aging in appropriate and affordable housing in their community.

The survey and information are available in English and traditional Chinese. Learn more at: https://www.shapeyourcity.ca/ seniors-housing

Windermere Fitness Park

The Windermere Fitness Park is home to Vancouver's first dedicated outdoor table tennis court. The WCFP Table Tennis Court is a 70 feet by 14 feet rectangular space bordered along its length by the fitness park on one side and a small treed slope on the other. There are also QR codes at each station for exercises and tutorials. With the days becoming longer, it is a perfect time to check out this neighborhood

The Windermere Fitness Park is located at Windermere Secondary School at the corner of Lillooet and East 27th Ave. The WCFP Table Tennis Court is open before and after school hours on school days; all day weekends, holidays, and days when the school is closed.

As always, my community office, at 5022 Joyce St. Vancouver, is open to provide services for constituents in person with appointments and via phone and email. Please give us a call at 604-660-0314 or email us at adrian.dix.mla@ leg.bc.ca, and we will get in touch with you as soon as we can. 聯絡本辦事處請電郵 adrian.dix.mla@leg.bc.ca 或致電 604-660-0314. 如欲親臨敬請預約。

Thank you very much for all that you're doing and take care.

Sincerely,

Adrian Dix MLA for Vancouver-Kingsway

What's happening at Collingwood Branch

EARLY YEARS PROGRAMS

Babytime (0-18 months) Thursdays until May 16

10:30 - 11:00 a.m. Drop-in. Rhymes, songs, bounces, fingerplays and stories for parents and caregivers with their babies. Recommended for newborns to approximately 18 months.

Baby Stay and Play (0-18 months)

Thursdays until May 16 | 11:00 – 11:30 a.m. Drop-in.

Thursdays, May 23 – June 27 | 10:30 – 11:30 a.m. Drop-in.

Drop in for independent playtime with your baby and a chance to connect with other families. Explore library books, blocks and other toys in this casual, selfled session.

Family Storytime (All ages)

Fridays until May 17 10:30 - 11:00 a.m. Drop-in.

A program for parents and caregivers with young children. Songs, rhymes and stories are shared. Suitable for children of all ages and abilities to enjoy and learn together.

Family Stay and Play (0-5 years)

Fridays until May 17 | 11:00 - 11:30 a.m. Drop-

Fridays, May 24 – June 28 | 10:30 – 11:30 a.m. Drop-in.

Drop in for independent playtime with your children aged 5 and under and a chance to connect with other families. Explore library books, blocks and other toys in this casual self-led session.

SCHOOL-AGE PROGRAMS

LEGO® Block Party (Grades K-7) Weekly on Saturdays 2:30 - 3:30 p.m. Drop-in. Come to the library for some LEGO® building fun at this block party! Connect with other kids and break out the bricks for a building bonanza at the library.

ADULT PROGRAMS

ESL Conversation Practice

Tuesdays, May 7 & 21 6:00 – 7:00 p.m. Drop-in. Meet new friends and practice your English conversation skills with other English language learners. This is a supportive and casual meet-up. For intermediate speakers.



Collingwood Neighbourhood House H I G H L I G H T S



Joyce Location: 5288 Joyce St.; Tel: 604-435-0323 / Annex Location: 3690 Vanness Ave.; Tel: 604-428-9142 / Visit: www.cnh.bc.ca

Celebrating National Volunteer Week: "Every Moment Matters"

by Collingwood Neighbourhood House

Last month, Collingwood Neighbourhood House (CNH) celebrated National Volunteer Week. This year's theme, "Every Moment Matters," highlighted the importance of volunteers and each contribution they make at a moment when we need support more than ever. Volunteers make a lasting impact on our community's inclusivity, strength and well-being as they continue to generously share their time, talent and energy.

In this issue of the Renfrew-Collingwood Community News, we share some stories from CNH staff that celebrate our volunteers' collective impact in the community through their kindness, generosity and commitment.

Morning Star Program



"Our Morning Star volunteer team is extremely dedicated and CNH is very lucky to have such wonderful volunteers. The team comes in every Saturday morning at 6 am to serve a hot breakfast to an unhoused and/or low-income community. The team is friendly and very welcoming to all of our participants and makes sure they all feel comfortable. This volunteer team is very special and we appreciate all that they do for our Morning Star program!" –Sue Woodland, Morning Star Program Manager

Seniors Programs



"Arleen Cruz is capable, ready and willing to do whatever is needed. She began volunteering at CNH when she was in middle school but joined the Seniors' team last year. Whether she is volunteering with the walking club, teaching the ukulele, leading a singalong or showing movies, her love for seniors shows." —Susanna Chu, Housekeeping and Wellness Program Manager

RISE Community Health Centre

"Local resident and volunteer Patricio Ibarra is one of the founding members of the RISE Community Health Centre (CHC) Advisory, which was formed in 2019. His accomplishments with the committee include helping to select the name RISE, helping to hire our first staff member Sonja Rietkerk, helping with the RISE CHC grand opening and helping to approve the proposal for the RISE CHC Pharmacy. Patricio brings a wealth of knowledge to the committee from his lived experience as an immigrant from Chile, active member of the Renfew-Collingwood neighbourhood and



as former president of the CNH Board of Directors. In fact, Patricio has been volunteering at CNH for the last 20 years! Patricio is stepping down from the RISE CHC Advisory Committee this year, and we want to thank him for his longstanding commitment to CNH. Thank you, Patricio!" —Sandra Bodenhamer, Director, RISE Community Health Centre

Food Hub Programs

"Miguel has been an incredibly dedicated volunteer for our Food Hub food drop program for almost two years. What makes his commitment even more remarkable is that his mother, Esperanza, and his son, Anthony, are also actively involved in supporting the program. Miguel's positive energy and warm demeanour have significantly contributed to the program's success, creating an environment where participants feel valued and supported. He goes above and beyond to assist those in need and serves as a crucial link between participants and our staff. Miguel consistently shares valuable feedback and insights with our team, helping us continuously improve the program. His contributions are invaluable, and we are fortunate to have him as part of our volunteer team." -Ross Oh, Food Hub Manager



These are just a few examples of CNH volunteers in our community. To learn about volunteering at CNH, visit *cnh.bc.ca/volunteer*.



MAY 2024

3rd Annual Joyce Street Clean Up Party - April 27th

Huge thank you all those who joined in the third annual Joyce Street Clean Up Party. This is truly a community event. Thank you to St. Mary's School principal, Brenda Krivuzoff, Mark, staff and families for hosting the event.

This community event is brought to by the Collingwood BIA, St. Mary's School, Collingwood Community Policing Centre, Collingwood Neighbourhood House and Adrian Dix's Constituency Office. Thank you for donating some awesome prizes.

Expanding the Collingwood BIA to include Joyce Street Kingsway to Wellington St.

The Collingwood BIA has been canvassing the businesses along Joyce Street to see if they are interested in becoming part of the Collingwood BIA. By expanding the boundaries, the BIA can provide the services and benefits to the businesses. Such as street banner program, street cleaning, graffiti removal services, street enhancements and beautification projects. Along with the Collingwood Guardians to help businesses and their staff in safety practices. The BIA hosts community events and advocate for small businesses with the city and at the provincial level. To learn more we will be hosting a Zoom meeting.

Zoom meeting to be held on Tuesday, May 7th at 2:00p.m. Email info@shopcollingwood.ca to register or call 604.639.4403

Who's Who in Collingwood

We are looking for business to be featured in the "Who's Who in Collingwood". Our staff will come and interview, take photos and videos to share on our social media platforms. There is no cost to the businesses. Our goal is to bring the local businesses closer to the community. You can also contact our office at 604.639.4403 or email info@shopcollingwood.ca

Collingwood BIA Renewal

The Collingwood BIA is in the final year of a seven-year mandate. Renewal Surveys have been distributed to all CBIA members. Please fill it out and email it back to info@shopcollingwood.ca. If you need a copy of the survey, contact our office. We would like to hear what you would like to see in Collingwood.

Board of Directors News

Our president, Paul Cheng, Branch Manager CIBD has retired and will be stepping down. The new president is the past vice president Linda Doan, Orijin Yoga. Thank you, Paul, for your many years of service on the board and as our president for the past 5 years.

If you would like to join the board, contact, Angela at angela@shopcollingwood.ca

Calendar of Events

May 5

Cinco de Mayo



May 7

CBIA Expansion Zoom Meeting 2:00 p.m.

(register to get the link)

May 12

Mother's Day



May 20

Victoria Day

July 12 - 20th

Collingwood Days 2024

- Save the Day and Call to Action
- see ad in this issue.

How to Reach Us:

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Royal Canadian Legion Grandview-Collingwood Branch 179 Update

The Chocolate Farmer

On April 17, the branch participated in National Canadian Film Day with the screening of *The* Chocolate Farmer, a documentary about cacao farmer and father Eladio Pop who, in Southern Belize, manually works his



THE CHOCOLATE FARMER

plantation in the tradition of his Mayan ancestors. The film captured a year in the life of the Pop family as they struggle to preserve their values in a world that is dramatically changing around them.

The documentary was well received by those who atteneded. Special thanks to Lund Milton and Andrea Berneckas for organizing; to all who contributed to the Poppy Campaign; to Holly for bartending and to the Community Policing Office for popping the delicious popcorn!



Lund Milton

Navy commemorates the Battle of the Atlantic: May 5

Every year the Navy commemorates the Battle of the Atlantic. The Battle was crucial to an Allied victory in the Second World War, as supply routes in the Atlantic Ocean were vital in allowing the Allies to accelerate the build-up of



air forces, the transport of troops, food, medicine and equipment for the invasion of continental Europe in 1944.

Every year on the first Sunday of May, (May 5 at 10am) members of the Navy family will gather at memorial parks across Canada to commemorate the service and sacrifice of those Canadians who served during the Battle of Atlantic. A moment of silence is observed to honour the more than 4,500 Canadians who died during the battle.

Locally, this is held at Sailors Point Memorial behind the BCIT Marine Campus in North Vancouver near the Lonsdale Quay and SeaBus terminal. 265 W Esplanade (Forbes and Esplanade) North Vancouver, BC V7M 1A5.

The festivities will continue at Branch 179, featuring The Vancouver Naval Veterans Band H.M.C.S. Discovery

This mini-concert at RCL Branch 179 will be from 1:30 - 2:30 pm and will feature a variety of war tunes, marches, sing-a-longs and snacks. Everyone is invited to join the celebration.



Live Bands

The band schedule for Saturdays in May for 8:00 p.m.:

May 4- Las Divas;

May 11 - Chris Newton Band

May 18 - Moonridge

May 25 - Hangtne Hangmen

The Thursday Night Jam

Every Thursday night, from 7-11 P.M., the Branch holds a jam session. Whether you are a musician, a dancer, or one who loves rock and blues music, the Legion is becoming known for it's Thursday Night Jam.

Meat draws and 50/50

Meat and 50/50 draws: Every Friday and Saturday from 5 pm to 7 pm with draws taking place every half hour.

The Legion on the Drive is located at 2205 Commercial **Drive**

Facebook: Commercial **Drive Legion** Instagram: Legion179



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